

Do you have a disability or suffer from long term physical or mental illness. Did you know that there is assistance available to help improve the quality of your life?

Ochil View can check if you're eligible and help you apply for the following benefits:

### **EMPLOYMENT AND SUPPORT ALLOWANCE**

You can apply for 'new style' [Employment and Support Allowance](#) (ESA) if you have a disability or health condition that affects how much you can work. ESA gives you money to help with living costs if you are unable to work and support to get back into work if you are able to work.

You can apply for ESA if you are employed, self-employed or unemployed. You may be entitled to [Universal Credit](#). If you are you could get Universal Credit at the same time or instead of 'new style' ESA.

#### **Weblinks:**

For more information: [www.gov.uk/employment-support-allowance](http://www.gov.uk/employment-support-allowance)

### **PERSONAL INDEPENDENCE PAYMENT**

[Personal Independence Payment](#) can help you with some of the extra costs if you have long term ill-health or a disability. The amount you get depends on how your condition affect you, not the condition itself. [You will be assessed](#) by a health professional to work out the level of help you can get. Your rate will be [regularly reviewed](#) to make sure you're getting the right support.

#### **Weblinks:**

For more information: [www.gov.uk/pip](http://www.gov.uk/pip)

To apply: [www.gov.uk/pip/how-to-claim](http://www.gov.uk/pip/how-to-claim)

### **DISABILITY LIVING ALLOWANCE FOR CHILDREN**

[Disability Living Allowance for children](#) may help with the extra costs of looking after a child who is under 16 and has difficulties walking or needs much more looking after than a child of the same age who does not have a disability. They will need to meet all the [eligibility requirements](#).

#### **Weblinks:**

For more information: [www.gov.uk/disability-living-allowance-children](http://www.gov.uk/disability-living-allowance-children)

To apply: [www.gov.uk/disability-living-allowance-children/how-to-claim](http://www.gov.uk/disability-living-allowance-children/how-to-claim)



### **DISABILITY LIVING ALLOWANCE FOR ADULTS**

[Disability Living Allowance](#) (DLA) is being replaced by [Personal Independence Payment](#) PIP for disabled people. You can only apply for DLA if you are under 16. You can apply for PIP you are aged 16 or over and have not reached [State Pension age](#) or [Attendance Allowance](#) if you are [State Pension age](#) or older and do not get DLA

If you already get DLA your claim might end. You will get a letter telling you when this will happen and how you can apply for PIP.

#### **Weblinks:**

For more information: [www.gov.uk/dla-disability-living-allowance-benefit](http://www.gov.uk/dla-disability-living-allowance-benefit)

### **ATTENDANCE ALLOWANCE**

[Attendance Allowance](#) helps with extra costs if you have a disability severe enough that you need someone to help look after you. How much you get depends on the level of care that you need because of your disability and not the disability itself.

You could get help with personal support if you are both physically or mentally disabled and [State Pension age](#) or older. It does not cover mobility needs.

The other benefits you get can increase if you get Attendance Allowance. You do not have to have someone caring for you in order to claim.

#### **Weblinks:**

For more information: [www.gov.uk/attendance-allowance](http://www.gov.uk/attendance-allowance)

To apply: [www.gov.uk/attendance-allowance/how-to-claim](http://www.gov.uk/attendance-allowance/how-to-claim)

### **CARER'S ALLOWANCE**

You could be entitled to [Carer's Allowance](#) if you care for someone at least 35 hours a week and they get [certain benefits](#). You do not have to be related to, or live with, the person you care for. You do not get paid extra if you care for more than one person.

Carer's Allowance can affect the [other benefits that you and the person you care for get](#).

#### **Weblinks:**

For more information: [www.gov.uk/carers-allowance](http://www.gov.uk/carers-allowance)

To apply: [www.gov.uk/carers-allowance/how-to-claim](http://www.gov.uk/carers-allowance/how-to-claim)

