# Support Service Directory

(Clacks)





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# **Advocacy Services**

#### Central Advocacy Partners

27 West Bridge Street, Falkirk

Tel:01324 633 321

Email: info@centraladvocacypartners.org.uk

Website: https://cap.scot/

Providing advocacy for learning disabled or autistic people in Forth valley.

## Forth Valley Advocacy

Ironwork Business Centre, Falkirk, FK2 7XE

Tel:01324 320 986

Email: info@forthvalleyadvocacy.com

Website: https://www.forthvalleyadvocacy.com/

Committed to providing support and representation to those in need. (Older people, adults with mental health issues & individuals in care.

# **Addiction**

#### **Alcohol Focus**

2nd Floor, 166 Buchanan Street, Glasgow, G1 2LW.

Tel: 0141 572 6700

Email: enquiries@alcohol-focus-scotland.org.uk

Website: https://www.alcohol-focus-scotland.org.uk/

Working to reduce harm caused by alcohol.

#### Gamble Aware

Tel: 0808 8020 133

Live chat available online

Website: <a href="https://www.gambleaware.org/advice">https://www.gambleaware.org/advice</a>

Our advice can help you find support for yourself, as well as understand the risks and signs of gambling harms.

# NHS Forth Valley Substance Misuse Service

St Ninians Health Centre, Mayfield Street, Stirling, FK7 0BS

Tel: 01786 468 282.

Website: https://nhsforthvalley.com/health-services/az-of-services/substance-misuse-service/

This service supports people with drug or alcohol issues, run by healthcare professionals. Referrals come from GPs, care workers, or partners.

#### Transform Forth Valley

Office 2.6, The E-Centre Cooperage Business Village, Cooperage Way, Alloa, FK10 3LP

Tel: 01259 272 112

Email: info@transformfv.org.uk

Website: http://transformfv.org.uk/

Transform Forth Valley supports individuals and families affected by substance use and social, financial, or health inequalities.

# Change Live Grow

Ground Floor Lime Tree House, Alloa, FK10 1EX.

Tel: 0808 1962 188

Email: fv.cglforthvalley@nhs.scot

Website: https://www.changegrowlive.org/recovery-service-forth-valley

We offer free, confidential support to individuals and families facing drug or alcohol issues.

#### Talk To Frank

Tel: 0300 123 6600

Email: frank@talktofrank.com

Website: https://www.talktofrank.com/

Talk to Frank is a website that provides comprehensive information about drugs in the UK.

#### Alcoholics Anonymous

Multiple locations found on website

Tel: 0800 917 7650

Email: help@aamail.org

Website: https://www.alcoholics-anonymous.org.uk/

Alcoholics Anonymous is a community of people who come together with one aim: to stay sober and help other alcoholics seeking help to stop drinking. 4 | P a g e

# **Animals & Pets**

# **Dogs Trust Glasgow**

315 Hamilton Road, Uddingston, Glasgow, G71 7SL

Tel: 0141 773 5130

Website: https://www.dogstrust.org.uk

Dogs Trust is the UK's largest dog welfare charity, supporting stray and unwanted dogs through care, rehabilitation, rehoming, and education.

## Scottish SSPCA

Kingseat Road, Halbeath, Dunfermline, Fife, KY11 8RY.

Tel: 03000 999 999

Email: feedback@scottishspca.org

Website: https://www.scottishspca.org

The Scottish SSPCA is Scotland's leading animal charity, rescuing and rehoming animals, investigating cruelty, and promoting animal welfare through education and advocacy.

#### Give a Dog a Bone

15 Mar Street, Alloa, FK10 1HR

Tel: 07969 742 858

Email: hello@giveadogabone.net

Website: www.giveadogabone.net

We support over-60s with pet costs and rehoming and offer free community spaces with therapy dogs and activities.

# **Cats Protection Forth Valley**

Ochil vale Terrace, Fishcross, FK10 3HT

Tel: 01259 720 555

Email: forthvalley@cats.org.uk

Website: https://www.cats.org.uk/forthvalley

Cats Protection Forth Valley helps rescue, care for, and rehome cats and kittens.

# **Care Services**

#### Age Scotland

Causewayside House, 160 Causewayside, Edinburgh, EH9 1PR

Tel: 08001 244 222

Email: info@agescotland.org.uk

We support people in Scotland to age securely, stay connected, and enjoy a good quality of life.

#### Alzheimer's Scotland

160 Dundee Street, Edinburgh, EH11 1DQ

Tel: 08088 083 000

Email: helpline@alzscot.org

Website: https://www.alzscot.org

We are here for people living with all forms of dementia, their families and carers across Scotland.

## Dementia Resource Centre (Clacks & Stirling)

2-4 Mill Street, Alloa, FK10 1DT

Tel: 07970 784 590

Email: <a href="mailto:dpriestley@alzscot.org">dpriestley@alzscot.org</a>

Provide information, advice, and support to those affected by dementia.

# Dementia Resource Centre (Falkirk - Forth Valley)

35 Johnston Avenue, Stenhousemuir, FK5 4JZ

Tel: 01324 559 480

Email: FalkirkServices@Alzscot.org

Provide information, advice, and support to those affected by dementia.

# Telecare Mobile Emergency Service (MECS)

Ludgate House, Mar Place, Alloa, FK10 2AD

Tel: 01259 226 833

Email: ludgateadmin@clacks.gov.uk

Website: https://www.clacks.gov.uk/social/mecs/

Provided by Social Services, lets vulnerable people call for emergency help anytime.

## <u>Dementia Services Development Centre</u>

Iris Muroch Building, University of Stirling, FK9 4NF

Tel: 01786 467 745 & 01786 467 350

Email: dementia@stir.ac.uk

Website: https://www.dementia.stir.ac.uk/

Dedicated to improving the lives of people with dementia.

# Scottish Society for Autism

Hilton House, Alloa Business Park, Whins Road, Alloa FK10 3SA

Tel: 01259 720 044

Email: autism@scottishautism.org

Website: https://www.scottishautism.org

Confidential, personalized autism support for individuals, families, and professionals.

# **Children & Families**

# Action For Children - Clacks Families Support Service

101A Newmills, Tullibody, FK10 2SE

Tel: 01259 214 695

Email: ask.us@actionforchildren.org.uk

Website: https://www.actionforchildren.org.uk

We protect children, provide urgent help, and campaign for lasting change.

# Alloa Family Centre

East Castle Street, Alloa, FK10 1AT

Tel: 01259 218 722/ 450 000

Email: childcare@clacks.gov.uk

Alloa Family Centre supports families with childcare and practical help.

#### Clackmannanshire Carers Centre

Ludgate House, Mar Place, Alloa, FK10 2AD

Tel: 01259 226 839

Email: centre@centralcarers.co.uk

Website: https://centralcarers.org/

We value and support carers to live well beyond caring.

#### Home-Start Clackmannanshire

Office 92-94, Alloa Business Centre, Whins Road, Alloa, FK10 3SA

Tel: 01259 213 453

Email: homestart@hsclacks.co.uk

Website: https://www.home-start.org.uk/home-start-clackmannanshire

Expert support, helping families with young children through tough times.

#### Wellbeing Scotland - Forth Valley Service

14 Bank Street, Alloa, FK10 1HP

Tel: 01324 630 100

Email: info@wellbeingscotland.org

Offers counselling and trauma support for anyone affected by abuse.

# **Counselling & Mediation**

# Relationships Scotland -Couple Counselling

9 Callendar Road, Falkirk, FK1 1XS

Tel: 01324 670 067

Email: info@relationships-scotlandaccs.org.uk

Website: https://www.relationships-scotlandaccs.org.uk

Scotland's largest provider of relationship counselling, family mediation and child contact centre services.

#### Relationships Scotland - Family Mediation

Old School House, 9, Main Street, Cowie, FK7 7BL

Tel: 01786 472 984

Email: mail@fmcengtral.org

Website: https://fmcentral.org

We offer a variety of services to support families in our community.

#### The Spark Counselling

61-63 Murray Place, Stirling, FK8 1AP

Tel: 0808 802 2088

Website: https://thespark.org.uk

Counselling and mental health support for all, across Scotland and the UK.

# **Crime & Court**

# Victim Support - Clackmannanshire

Office 1/3 and 1/4, The Business Hub, 45 Vicar Street, Falkirk, FK1 1LL

Tel: 01324 614 026 or 0800 160 1985

Email: victimsupport.clackmannnanshire@victimsupportsco.org.uk

Website: https://www.victimsupportsco.org.uk/

We provide support and information to people affected by crime.

# **Employment**

# Clackmannanshire Young Parents Project

Kilncraigs, Greenside Street, Alloa, FK10 1EB

Tel: 01259 450 000

Email: youngparents@clacks.gov.uk

Website: http://www.clacksweb.org.uk/community/youngparentsproject/

Supporting young parents (16–24) in Clackmannanshire with advice, training, and practical help to build a brighter future.

#### Clackmannanshire Works

Kilncraigs, Greenside Street, Alloa, FK10 1EB

Tel: 01259 226 699

Email: cworks@clacks.gov.uk

Website: http://clacks.gov.uk

Helping Clackmannanshire residents into jobs, training & apprenticeships.

#### The Wise Group

62 Templeton Street, Templeton Business Centre, Third Floor Doges, Glasgow

Tel: 0141 303 3131

Email: enquiries@thewisegroup.co.uk

Website: http://www.thewisegroup.co.uk

The Wise Group is a leading social enterprise dedicated to transforming lives and lifting people out of poverty.



# Home Energy Scotland

Second Floor, Ocean Point 1, 94 Ocean Drive, Edinburgh, EH6 6SH

Tel: 0808 808 2282

Website: https://www.homeenergyscotland.org/

Free, impartial advice on saving energy, staying warm, renewables, greener travel, and reducing water waste.

## Home Energy Advice Team

Clackmannanshire Council, Kilncraigs, Greenside Street, Alloa, FK10 1EB

Tel: 01259 450 000

Email: fuelenergyadvice@clacks.gov.uk

Website: http://clacks.gov.uk/housing/energyadvice

HEAT offers free, impartial advice to help you cut energy costs, improve efficiency, and keep your home warm.

#### Wise group

The Wise group, 72 Charlotte Street, Glasgow, G1 5DW

Tel: 0141 303 3131

Email: enquiries@thewisegroup.co.uk

Website: http://thewisegroup.co.uk

The Wise Group is a leading social enterprise dedicated to transforming lives and lifting people out of poverty.

# **Financial**

#### Alloa Job Centre Plus

17 Mar Street, Alloa, FK10 1LX

Tel: 0800 055 6688

Alloa Jobcentre Plus provides job search support and advice on benefits for people of working age.

#### Clackmannanshire Citizens Advice Bureau

Glebe Hall, Burgh Mews, Alloa, FK10 1HS

Tel: 01259 219 404

Email: https://www.clackscab.org.uk/contact-us

Website: http://www.cas.org.uk/bureaux/clackmannanshire-citizens-advice-bureau

The Citizens Advice network in Scotland provides advice and support in different ways.

## Clackmannanshire Credit Union (now merged with Falkirk)

4 Station road, Grangemouth, FK3 8DG

Tel: 01324 473 695

Email: office@falkirkcreditunion.co.uk

Website: https://falkirkcreditunion.co.uk/

Promoting financial wellbeing with ethical, affordable products tailored to members' needs.

#### Money Advice Scotland

5 Redwood Crescent, East Kilbride Glasgow, G74 5PA

Email: info@moneyadvicescotland.org.uk

Website: http://www.moneyadvicescotland.org.uk

We exist to help people in debt, support money advisers, and influence policy.

# **Food Banks**

#### Active 8

Sauchie Hall, Mar Pl, Sauchie, Alloa, FK10 3EA

Tel: 01259 215 972

Email: active8sauchie@btinternet.com

Website: https://active8sauchie.org/

Aims to promote the benefits of the residents of Sauchie by engaging the community in a programme of lifelong learning.

#### The Gate

2 Ludgate, Alloa, FK10 1DS

Tel: 01259 218 766

Email: https://the-gate-charity.org/contact-us/

Website: http://www.the-gate-charity.org/what-we-do/foodbank/

We deliver free, nutritious meals across communities, prevent food waste, and provide fresh and non-perishable food to those facing hunger.

# **Homelessness**

# **Shelter**

Tel: 0808 800 4444

Email: Contact Shelter Scotland through web chat or by calling our helpline

Website: https://scotland.shelter.org.uk

We exist to defend the right to a safe home and fight the devastating impact the housing emergency has on people and society.

# **Housing**

# Blackwood Homes (Wheelchair Housing Sauchie)

160 Dundee Street, Edinburgh, EH11 1DQ

Tel: 0131 317 7227

Email: cst@blackwoodgroup.org.uk

Website: https://www.blackwoodgroup.org.uk/

Accessible homes. Personalised care. Tailored support across Scotland.

# **Cairn Housing Association**

Adam Grossert Court, Larbert, FK5 4QT

Tel: 0800 990 3405

Email: enquiries@cairnha.com

Website: https://www.cairnha.com/

Our values drive us shaping who we are, what we do, and how we care.

#### Castle Rock Edinvar

1 Hay Avenue, Edinburgh, EH16 4RW

Tel: 0131 657 0600

Email: crelntt@castlerockedinvar.co.uk

Website: https://placesforpeoplescotland.co.uk/

**Building homes and Creating communities.** 

# Clackmannanshire Council

Kilncraigs, Greenside Street, Alloa, FK10 1EB

Tel: 01259 225 122

Email: home@clacks.gov.uk

Website: https://www.clacks.gov.uk

Find out about School Catchment Areas, Local Councillors, Libraries, Planning and more.

# Cochrane Foundation (Amenity Housing Alva)

5 Croftshaw Road, Alva, FK12 5ES

Tel: 01259 760 387

Email: enquiries@cochranefoundation.org.uk

Website: https://www.facebook.com/profile.php/?id=100068560426739

Enriching lives through recreation and care.

# Forth Housing Association

146 Drip Road, Stirling, FK8 1RW

Tel: 01786 446 066

Email: info@forthha.org.uk

Website: https://www.forthha.org.uk

Social Landlord and charity providing quality homes and services.

# Hanover Housing Association (Sheltered Housing)

95 McDonald Road, Edinburgh, EH7 4NS

Tel: 0800 111 4646

Email: hello@hanover.scot

Website: https://www.hanover.scot/

Forty years of trusted housing and care.

## Kingdom Housing Association

Saltire Centre, Pentland Court, Glenrothes, KY6 2DA

Tel: 01592 630 922

Email: customerservices@kha.scot

Website: http://kingdomhousing.org.uk

Offering housing to meet a wide range of needs.

# **Link Housing Association**

Link House, 2C New Mart Road, Edinburgh, EH14 1RL.

Tel: 03451 400 100

Email: csc@linkhaltd.co.uk

Website: https://linkhousing.org.uk

Building futures through homes and services.

# Paragon Housing Association

Invergrange House, Station Road, Grangemouth, FK3 8DG

Tel: 01324 664 966

Email: enquiries@paragonha.org.uk

Website: http://www.paragonha.org.uk

Paragon Housing Association is a not-for-profit social landlord in Forth Valley, managing and improving over 1,400 homes.

#### Rural Stirling Housing Association

Stirling Road, Doune, FK16 6AA

Tel: 01786 841 101

Email: enquiries@rsha.org.uk

Website: https://rsha.org.uk/

Provides affordable, high-quality housing and support community aspirations.

## Trust Housing Association (Supported, Amenity & Sheltered Housing)

12 New Mart Road, Edinburgh, EH14 1RL

Tel: 0131 444 1200 & 01698 377 200

Email: info@trustha.org.uk

Website: https://www.trustha.org.uk

Here to make a positive difference to the lives of the communities.

# **Legal Advice**

# Scottish Women's Rights Centre (SWRC)

2nd Floor, 134-138 West Regent Street, Glasgow, G2 2RQ

Tel: 0808 8010 789

Email: https://www.scottishwomensrightscentre.org.uk/contact-form/

Website: https://www.scottishwomensrightscentre.org.uk/

Offers free legal advice and advocacy for women 16+ affected by gender-based violence, including domestic abuse and sexual violence.

# Legal Services (LSA)

Savoy house, 2nd Floor 140 Sauchie hall Street, Glasgow, G2 3DH.

Tel: 0141 353 3354

Email: mail@lsa.org.uk

Website: https://lsa.org.uk/

Legal support that transforms lives.

# **Mental Health**

# **Breathing Space**

Tel: 0800 838 587

Website: https://breathingspace.scot/

A free, confidential, phone and webchat service for anyone in Scotland over the age of 16 experiencing low mood, depression or anxiety.

## Mental Health Resource Centre

Clackmannanshire Community Health Care Centre, Hallpark Rd, Sauchie, FK10 3JQ

Tel: 01259 290 343

Email: integratedmental health@clacks.gov.uk

Website: https://www.clacks.gov.uk/social/mhresourcecentre/

A specialist team providing assessment and treatment for adults with severe mental illness, plus support for their careers and families.

# NHS Living Life

Tel: 0800 328 9655

Website: https://www.nhs24.scot/how-we-can-help/living-life/

Living Life is a free phone service offering therapy for anyone in Scotland aged 16 and over with low mood, depression & anxiety.

#### See Me

Brunswick House, 51 Wilson Street, Glasgow G1 1UZ

Tel: 0141 530 1111

Email: info@seemescotland.org

Website: https://www.disabilityscot.org.uk/organisation/see-me/

See Me is Scotland's national programme to end mental health stigma and discrimination.

## Mood Café

Psychology Department Lynebank Hospital, Halbeath Road, Dunfermline, KY11 8JH

Email: Fife.moodcafe@nhs.scot

Website: https://www.moodcafe.co.uk

Promoting mental health from fife, Information and resources to help you understand and improve your mental health.

# **Social Services**

#### Adult Care Services

Kilncraigs, Greenside Street, Alloa, FK10 1EB

Tel: 01259 452 498 & 450 000

Email: adultcare@clacks.gov.uk

Website: https://www.clacks.gov.uk/social/elderlycare/

Clackmannanshire Council Social Services provides a large variety of care for the elderly.

# Emergency Duty Team (after office hours)

Tel: 01786 470 500

Website: https://www.clacks.gov.uk/site/contact/

**Emergency situations requiring Council services.** 

## **Adult Day Care Services**

The Whins, Whins Road, Alloa, FK10 32A

Tel: 01259 226 800 & 450 000

Email: adultdayservices@clacks.gov.uk

Website: https://www.clacks.gov.uk/social/adultdayservices/

This service supports people aged 16+ with learning or physical disabilities, offering day opportunities and activities to help you stay independent.

#### Child Services

Kilncraigs, Greenside Street, Alloa, FK10 1EB

Tel: 01259 225 000 & 450 000

Email: childcare@clacks.gov.uk

Website: https://www.clacks.gov.uk/social/childcare/

Child Care and Social Services protect and promote the welfare of children and families.

#### Criminal Justice Services

Patons, Greenside Street, Alloa, FK10 1EB

Tel: 01259 452 200 & 450 000

Email: criminaljustice@clacks.gov.uk

Website: https://www.clacks.gov.uk/social/criminaljustice/

The Justice Service works with key agencies to tackle crime, reduce re-offending, protect the public, supervise offenders, and help prisoners reintegrate into the community.

# **Stalking Organisations**

# Action Against Stalking (AAS)

Room 2, 071 University of West of Scotland, Ayr Campus, University Avenue Ayr, KA8 0SX

Tel: 0800 820 2427

Email: support@actionagainststalking.org

Website: https://www.actionagainststalking.org/

To create a world free from psychological and predatory threats by raising awareness, championing victims' rights, and providing support to those affected.

#### National Stalking Helpline (Suzy Lamplugh Trust)

The Foundry 17-19 Oval way London, SE11 5RR

Tel: 0808 802 0300

Email: info@suzylamplugh.org

Website: https://www.suzylamplugh.org/contact

Our mission is to reduce the risk and prevalence of abuse, aggression, and violence.

# **Violence & Abuse**

# Abused Men in Scotland (AMIS) Domestic Abuse and transgender Men

Tel: 03300 949 395

Email: contact@amis.org.uk

Website: https://abusedmeninscotland.org

We are Scotland's helpline for male domestic abuse victims.

# Central Advocacy Partners

27 West Bridge Street, Falkirk

Tel: 01324 633 321

Email: info@centraladvocacypartners.org.uk

Website: www.centraladvocacypartners.org.uk

Central Advocacy Partners provide advocacy for learning disabled or autistic people in Forth Valley.

# Rape Crisis Scotland

2nd Floor, 134-138 West Regent Street, Glasgow, G2 2RA.

Tel: 08088 010 302

Email: support@rapecrisisscotland.org.uk

Website: https://www.rapecrisisscotland.org.uk/

Rape Crisis Scotland is an organisation working to transform attitudes, improve responses and ultimately to end rape and sexual violence in all its forms.

## Childline

Tel: 0800 1111

Email: Online chat service available

Website: https://childline.org.uk

Childline supports anyone under 19 in the UK with any issue. You can talk about anything, big or small.

#### Clackmannanshire Women's Aid

Greenfield Lodge, Parkway, Alloa, FK10 2AS

Tel: 01259 721 407

Email: info@clackswomensaid.org.uk

Website: https://www.clackswomensaid.org.uk

We provide specialist services for women, children and young people affected by domestic abuse.

#### Forth Valley Rape Crisis Centre

22 Millar Place, Stirling, FK8 1XD

Tel: 01786 439 244

Email: support@forthvalleyrapecrisis.org.uk

Website: https://www.forthvalleyrapecrisis.org.uk/

We provide free and confidential information, advocacy and support to anyone 13 and over in the Forth Valley area (Clackmannanshire, Falkirk and Stirling) affected by sexual violence.

# Galop (LGBT Domestic Abuse Helpline)

Tel: 0800 999 5428

Email: help@galop.org.uk

Website: https://galop.org.uk/

We work with and for LGBT+ victims and survivors of abuse and violence.

# Hemat Gryffe Women's Aid (Safe Refuge for BME Women & Children)

24 Willowbank Street, Glasgow, G3 6LZ

Tel: 0141 353 0859

Email: womensaid@hematgryffe.org.uk

Website: https://hematgryffe.org.uk

Our commitment is to the vulnerable women, children and young people needing our help, support, and protection.

## Men's Advice Line

Tel: 0808 801 0327

Email: info@mensadviceline.org.uk

Website: www.mensadviceline.org.uk

The Men's Advice Line is a UK-wide confidential support service for men experiencing domestic abuse.

# NHS Forth Valley -Prebirth Planning Service

Women & Children Unit, Forth Valley Royal Hospital, Stirling Road, Larbert, FK5 4WR

Tel: 01324 567 124

Email: FV-UHB.PreBirthPlanning@nhs.net

NHS Forth Valley Prebirth Planning Service provides extra support for vulnerable pregnant women, including those affected by domestic abuse. We collaborate with you to plan care and ensure safety for both mother and baby.

# Scottish Domestic Abuse and Forced Marriage Helpline

Tel: Telephone: 0800 027 1234 Text/Whats app: 07401 288 595

Email: helpline@sdafmh.org.uk

Website: https://www.sdafmh.org.uk/en/

Support for anyone affected by domestic abuse or forced marriage, as well as their families, friends, and professionals.

#### Shakti Women's Aid

Norton Park, 57 Albion Road, Edinburgh, EH7 5QY

Tel: 24-hour helpline - 0800 271 234 & Telephone women's aid - 0131 475 2399

Email: info@shaktiedinburgh.co.uk

Website: https://www.shaktiedinburgh.co.uk

We offer safe temporary housing, a supportive environment, and follow-up care after leaving refuge or temporary housing.

# Trafficking Awareness Raising Alliance (TARA)

Tel: 0141 276 7724

Email: https://www.tarascotland.org.uk/article/5247/Contact-Us

Website: https://www.tarascotland.org.uk/

We collaborate with women to provide trauma informed, practical, and emotional support to recover from their experiences.

# **UK Forced Marriage Unit**

Tel: hone (UK): 020 7008 0151, overseas: +44 (0)20 7008 0151, (emergency): 020 7008 5000

Email: fmu@fcdo.gov.uk

Website: https://www.gov.uk/forced-marriage

The FMU purpose is to combat forced marriage and support victims.

#### Wellbeing Scotland

98 Thornhill Road, Falkirk, FK2 7AB or 14 Bank Street, Alloa

Tel: 01324 630 100

Email: info@wellbeingscotland.org

Wellbeing Scotland offers specialist support for survivors of childhood abuse, providing a safe, confidential space to heal and rebuild.

#### NSPCC - Female Genital Mutilation

Tel: 0800 028 3550

Email: fgm.help@nspcc.org.uk

Website: Female Genital Mutilation - Prevent & Protect | NSPCC

The NSPCC runs a dedicated program to prevent and respond to Female Genital Mutilation in the UK.

#### Respect Phone Line (support to perpetrators of domestic abuse)

Tel: 0808 802 4040

Email: Online webchat available

Website: http://www.respectphoneline.org.uk

To offer confidential and honest advice to help you stop being violent.

#### Revenge Porn Helpline

Tel: 0345 6000 459

Email: help@revengepornhelpline.org.uk

Website: https://www.revengepornhelpline.org.uk

The Revenge Porn Helpline supports thousands of UK adults affected by intimate image abuse each year.

#### Revive Scotland-Homefinder UK

Tel: 0203 823 1072

Email: enquiries@homefinderuk.org

Website: https://homefinderuk.org/

A specialist housing service designed to help women and families fleeing domestic abuse move to safe and permanent social housing in Scotland and across the UK.

# **Police Scotland**

# Police – non-emergency

Police Scotland – Alloa Police Station, Kilncraigs, Greenside Street, Alloa FK10 1EB

Tel: 101

Email the Community Team at: <a href="mailto:clackmannanshireCommunityPolice@scotland.police.uk">clackmannanshireCommunityPolice@scotland.police.uk</a>

Website: https://www.scotland.police.uk/contact-us/

The Police Non-Emergency service in the UK (including Scotland) is designed for situations that require police assistance but are not life-threatening or urgent.

# **Other**

# Clackmannanshire Citizens Advice Bureau

Glebe Hall, Burgh Mews, Alloa, FK10 1HS

Tel: 01259 219 404

Email: https://www.clackscab.org.uk/contact-us

Website: https://clackmannanshire.cas.org.uk/

Clackmannanshire CAB Delivers free, impartial and confidential advice to Clackmannanshire residents.

#### C-Mee Ltd

The Hub, Whins Road, Alloa, FK10 3SA

Tel: 01259 928 388

Email: jane@c-mee.co.uk

C-Mee Ltd is a private limited company focused on recruitment and employment placement services.



# customerservices@ochilviewha.co.uk

01259 722 899