





Investment Update

Here's an update on our current investment to improve the quality and safety of our homes in your area:

External decoration in Paton Court, Mill Road, Millbank Crescent, Baillie Court and Millers Lade Avenue is ongoing.

Our annual programme of 5 yearly electrical inspections to properties throughout our stock continues.

Kitchen replacements in St Mungo's Wynd are at the design stage and we aim to be on site late summer / autumn.

Central Heating Upgrades to Bank Street (Alloa) are still under review due to technical issues and funding. We hope to commence later in the year.

Can we help with adapting your home? If you are finding difficulties with your mobility, please contact us to see if we



mobility, please contact us to see if we can help.

We can assist with making small adjustments within your home to assist you by fitting grabrails and handrails. We can also help you contact the occupational therapy team for more complicated referrals.

Funding for adapting tenant's homes is provided through The Scottish Government for our properties in Clackmannanshire and West Fife. Our adaptations service helps us fit keysafes, grabrails, bannisters and showers. You do not always need a referral from Occupational Therapy for small adjustments so please contact us if you think we can help.



If you would like to speak to someone about adaptations, please contact Alastair McGowan on 01259 722899.

Alloa, Clackmannan & Sauchie Tenancy Sustainment Team SUMMER NEWS

In 2022-2023 we helped a total of **558 tenants** with **1209 enquiries**, ranging from benefit advice to help with energy costs. Our tenants are better off by £1,537,192. This includes Housing Benefit of £142,760 and Universal Credit of £758,530.

In your area this included helping 225 tenants with 494 enquiries, leading to overall Additional Income of £651,927, including £88,413 Housing Benefit and £337,159 Universal Credit. This is an average gain of £2,898 for each tenant we helped.

If you would like information on Benefits, then please contact the Tenancy Sustainment Team.





Margaret Hall, Tenancy Sustainment Officer

Robert Cowan, Tenancy Sustainment Assistant

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Follow us on Facebook to get more local news and info

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Active Clacks are running a summer programme for children, in partnership with local community sports clubs. This will run between 3rd July and 11th August 2023. There are a wide variety of sport and physical activities, such as football, basketball and athletics available to choose from.

All staff and coaches are highly qualified with enhanced PVG checks and child protection training, ensuring they have the best experience in our programmes.

All bookings and payments are made by booking online at https:// www.clacks.gov.uk/culture/bookit/ or calling 01259 213131.

Bulk Uplifts

We continue to offer a reduced cost uplift service in conjunction with Clackmannanshire Council. Ochil View subsidise the cost of 2 uplifts for our tenants per year. Payment of £20.00 should be paid to the Council and the Association will pay the remainder.

This service is for oversized items that will not fit in a standard wheelie bin and it is limited to collection of up to 5 items in a single uplift.

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Clackmannanshire Council

Tenants should contact Clackmannanshire Council on 01259 450000 to arrange a bulk uplift.

Please note that Clackmannanshire Council will not lift black bags as part of a bulk uplift. If you do have black bags, please report them to the council and necessary information will be passed back to us for removal.

Let's keep our homes, streets and estates tidy and improve the environment we live in.



Dress Down Money

We currently have over £400 from staff donations thanks to our dress down days we hold once a month here in the office.

The purpose of this money is to help local community groups/ tenant activities in Clacks or Fife, so we really could do with some suggestions as to who you think could benefit from this. It doesn't have to be tied to Ochil View Housing.

We would love to hear your ideas. Please get in touch via our social media channels. by email (customerservices@ ochilviewha.co.uk) or call us on 01259 722 899.



SAVE THE DATE **13 SEPTEMBER** 2023

We will be hosting our Annual Scottish Housing Day event in the Ochil View office on the morning of Wednesday 13th September. this will be an opportunity for tenants to pop in and get loads of useful info around cost-of-living and health and wellbeing, we will also have competitions, freebies and kids activities too, not to mention plenty tea and cake!

Full details to follow

Landscaping Update

We are now in our summer phase of landscaping within our developments. If you would like to speak to us about any issues, please contact Vicki Brown, Assistant Property Services Officer.

Summer Months (April to October)

- Grass Cutting Every 10 working days, except in very inclement weather conditions.
- Grass Edging Every 10 working days plus annual edge reforming (not including naturalised areas).
- Shrub Pruning Once or twice per year, depending on species.
- Weed Control As required, generally every visit.
- Hedge Trimming 2 times per year
- Litter Picking Every 10 working days



Access to SIM Cards, Light **Bulbs and Solar Power Banks**

We have a limited number of free SIM Cards courtesy of Vodafone to give away to our Ochil View tenants. These come with unlimited calls and texts and 20GB of data and last for 6 months. You will need to change your number to that on the card for this period. For those who requested one 6 months ago, just let us know when your period is ending and we can give you a replacement card.

We also have energy efficiency light bulbs and solar power banks available.

Please contact us to collect any of these items.

BEES V WASPS

Heading in to summer (and hopefully some better weather!) you may have noticed more of a buzz around your home.

If you think you have a wasp problem, you need to first make sure you know what it is that's bugging you as it could in fact turn out to be bees!

Here's some handy hints...

Helpful hints to tell the difference between





Wasps

Fuzzy Help humans by pollinating our plants Eat pollen and nectar Eat human food that **Gentle in nature and** rarely sting Legs are usually hidden when flying

Help humans eating other insects is laying around Aggresive and ready to sting

Little to no hair

Legs hang down when flying

*Please note that bees are protected and the Association cannot issue any pest control works to Clackmannanshire or Fife Council for this.

Do you need school uniforms?

The Gate charity are having their annual free school uniform pop-up event on 19th-21st July. All items are either brand-new or in excellent condition. It's at: 2 Ludgate, Alloa, FK10 2DR. Visit The Gate Charity page on Facebook for more information.



Contents Insurance

Although you rent your house from us, the contents of your home and garden are your responsibility.

Contents insurance is designed to help protect your possessions and personal belongings, so it's a good idea to consider what a home contents insurance policy would cover you for, to



help you make an informed decision on whether you need one.

Having Contents Insurance means things like your washing machine and laptops can be protected. We work with Thistle Insurance to offer tenants suitable cover.

To find out more, simply talk to a member of staff, or visit https://www.thistletenants-scotland.co.uk/ for more information.

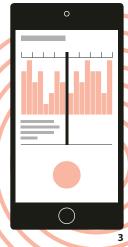
DINOSAUR EVENTS AT THE ALLOA HUB[®] All sessions can be booked on Eventbrite. Scan the QR code below or visit our Facebook page for links. Children must be accompanied by an adult during all activities. 8 July Make your own baby dinosaur egg Create and design your very own baby Dinosaur egg - this is suitable for children aged 5 and above. 15 July Make a paper hatching dinosaur Hatch a dinosaur of your own using paper and little bit of magic. This is suitable for ages 4 and above. 22 July Bring along an old t-shirt that you would like to upcycle into a Dinosaur Using an old t-shirt to upcycle into a dinosaur stuffed toy. This is Strictly for ages 8 upwards. 29 July Make special dino handprint cards Create your own Dinosaur handprint cards using paint - this is suitable for ages 2 upwards. Please wear old clothes as they may get messy. 5 August Make an edible dinosaur footprint Make and enjoy and dinosaur Footprint. This is suitable forages 3 and above 12 August Dinosaur excavation outside Alloa Hub We are going on a dinosaur bones hunt. Please wear old clothes as we may be getting messy. 26 August Story teller - 10am to 11am Come and listen to a story all about a fabulous Dinosaur and its adventures. Scan to book alloa f 🖸 У @alloahub



Ochil View Housing Association believes that anti-social behaviour is unacceptable We try our best to respond effectively to antisocial behaviour complaints and that victims/witnesses receive appropriate support. With this aim in mind, we are trialling a Noise App. The Noise App is simple to use and free to download. It allows complainants to take short recordings of noise that is disturbing and report easily to us. Recordings can assist with gathering evidence to confirm anti-social behaviour has taken place.

If you are experiencing anti-social behaviour, please contact your Housing

Services Officer to discuss access to the Noise App.





It's that time of the year when we dust off the BBQ and get cooking outdoors!

We thought we would share some useful tips on making your **BBQ** a safe and memorable one:

Use a food thermometer

Insert it into the thickest part of the meat and it should reach 75°C or above if cooked.

Raw and cooked meats need to be kept separate

When you're barbecuing, make sure you use different dishes for raw and cooked food. This helps avoid cross contamination. It's also important to use separate utensils - one for raw food and one for cooked food.

Pre-cook meats in the kitchen first

Pre-cooking food in the oven first is a great way to have more control over cooking, then you can finish it off on the barbecue to get that nice chargrilled flavour.

Keep raw food in the fridge until you need it

A key thing is keeping raw food chilled until it's needed.

Rotate meat on your barbecue

If you keep food rotating food you can ensure it is is cooked evenly with no raw bits.

Throw away used marinades

While the sauce might look yummy, it can't be eaten after being on raw meat (without being cooked first) so don't be tempted to re-use meat marinades for something like a salad dressing or on other ready-to-eat food.

If you're cooking on charcoal, make sure it has reached the right temperature

It is important to give the coals time to glow red with a powdery grey surface rather than bursting with flames. Flames will burn your food rather than cook it through.

Let's hope for some more great weather so we can cook on our barbeques and create some more happy memories!

LEGIONELLA CHECKS

Is your property going to be vacant for a period of a week or more? If it is we strongly recommend on your return you flush the water system.

This means running all taps and showers for a minimum of two minutes once a week, plus flushing all the toilets. It is also recommended that you clean and descale vour shower head too.



Ochil View staff out and about



Linda Ure, Housing Services Officer



Marian Kelley, Housing Services Officer



Adele Rae, Housing Services Officer



Assistant Housing Services Officer



Grahame Phillips, Property Services Officer (Inspections)

Chris McShane,

Tenant Engagement & Communications Officer



Vicki Brown, Assistant Property Services Officer





Donald Beaton, Housing Services Officer



Leona Hens, Assistant Housing Services Officer



David Bishop, Housing Services Assistant



Linda Ure - Elm Grove. Forth Crescent, Bowhouse Gardens, Hill Park, Hill Street, Paton Court, Garvally Crescent, Moir Street

Adele Rae - Mill Road

Marian Kelley - Bridge Terrace, Burleigh Way, Ash Grove

Donald Beaton - Bank Street, Burgh Mews, Mar Street.

Earl of Mar Court, Colville Gardens, Mercat Wynd, Broad Street, Stripehead, Kirkgate, St Mungo's Wynd, Carpenters Wynd, Bedford Place

Sauchie Donald Beaton - Pearson View. Baillie Court. Millers Lade Avenue, Kippen Place, Posthill, Schawpark Avenue, Gartmorn Road. Beechwood, Sprotwell Terrace

Fishcross Donald Beaton - Alloa Road

Clackmannan Adele Rae - Millbank Crescent





